

# theLink



June 2019

## Trust's dementia work rewarded



This has been a good time as we saw the fruits of our labours on helping those living with dementia, when we received a certificate declaring Haringey a Dementia-Friendly Borough. This is a title bestowed on boroughs which can demonstrate they have engaged the community, businesses and organisations in providing key services, promoting understanding and making the borough in general a better place for those living with dementia. Our certificate was given to us at the Dementia Action Week event at Alexandra Palace on 21 May, to which many of our tenants came.

**I received our Dementia-Friendly Haringey certificate from the Alzheimer's Society's Patrick Gray**



Elsewhere, we welcomed volunteers from a nearby company who tidied up and added new plants and features to the garden at Olive Tree House – you can see the photos inside, along with some of the tenants' other activities.

We were also paid a visit at Abyssinia Court by a swarm of honeybees, who settled for the most part of a day in the holly bush outside the entrance before heading off to find another location. But their visit seemed very appropriate given the bee in our logo!

Lastly we're currently planning our summer BBQ for 25 July at Abyssinia Court, and I look forward to seeing you all there.

Best wishes,



The new look garden at Olive Tree House

# Dementia Friendly day at Alexandra Palace

In May, the UK 'Dementia Action Week' drew attention to the issues facing those living with dementia, and to recognise the efforts that are being made to ensure they continue to lead happy and fulfilling lives



Alwyn Lewis speaking at the Dementia-Friendly Haringey event



Tenants enjoyed the chair dancing



Attendees playing 'boccia'



Specially-produced cakes to mark the occasion

Key to the week in Haringey was an event held at Alexandra Palace, on Tuesday 21 May. The event was a busy day which combined various exercise activities with an exhibition of information about services available in the borough.

People were able to enjoy various activities including chair-based dancing and exercise, and a nice lunch whilst being entertained by a singer – this 'Broadway Brunch' was provided by Jackson's Lane, one of the 59 members of the Haringey Dementia Action Alliance (HDAA). The BAT Foundation also had their dementia-friendly table tennis on show although, sadly, when they tried to show *The Link*

how to play, it actually made things worse! Attendees also enjoyed playing 'boccia', a chair-based version of indoor bowls.

The day also marked a special moment, as Haringey has now been declared Dementia Friendly by the Alzheimer's Society. A certificate was awarded to all the members of the HDAA. Hornsey Housing Trust Chief Executive, Alwyn Lewis, is also the Chair of the HDAA, and he spoke about why the Alliance was set up, along with the other things the Trust does to help people living with dementia, such as our Dementia Café and other support.



**Brian from the BAT Foundation demonstrating the dementia-friendly table tennis**

Those present also heard from Councillor Sarah James, Cabinet Member for Adults and Health, who talked about her passion for ensuring that the Borough is tackling the issues around living with dementia. She said it was all the more important given the older ages people are living to, highlighting her own father-in-law who recently reached the age of 99 years old. There were also speakers from Homes for Haringey and Alzheimer's Society.

Over 30 Hornsey Housing Trust tenants attended the event, and enjoyed the activities and refreshments, and then headed back home in the sunshine.

## Dementia Café update

*by Elaine King, Dementia Café Co-ordinator*

I was very pleased to be at the dementia-friendly Haringey event in May – you can see me here at the Alzheimer's Society stall, which was one of the most colourful I think!

Looking ahead we have some fun activities planned for the dementia café, which is on Wednesday afternoons from 2–4pm at Abyssinia Court:

### 12th June

- Father's Day cards or Make a Father's Day gift
- Father's Day poems

### 19th June

- Movie Time – watching a film – and with popcorn!
- Poetry reading (Charlie)

### 26th June

- Karaoke
- Dancing



## Crouch End Picturehouse



# Dementia-friendly film screenings

Crouch End Picturehouse has screenings for people living with dementia and their families, friends and carers. There is free tea and coffee from 10.30am, and the film starts at 11.00am. There is a 20-minute interval halfway through the film.

**Tickets £4, accompanying carers free.**

**Booking:** at the Box Office, Crouch End Picturehouse, 165 Tottenham Lane, London N8 9BY.

Online - [www.picturehouses.com](http://www.picturehouses.com) Phone - **020 7294 7908.**

## Forthcoming screenings:



### Casablanca (U)

Thursday 27 June

**Director:** Michael Curtiz, 1942

**Starring:** Ingrid Bergman, Humphrey Bogart, Paul Henreid

**Duration:** 102 mins



Humphrey Bogart plays Rick Blaine, a cynical but good-hearted American in WWII Casablanca, whose café is frequented by everyone from the French police to black marketeers to Nazis. When his long-lost love, Ilsa (Bergman), appears with her Resistance leader husband, Victor (Henreid), Rick finds he may be the only one who can help them escape from Morocco. Still eminently quotable to this day, Casablanca has lost none of its excitement, drama or comedy.



### Pillow Talk [PG]

Thursday 25 July

**Director:** Michael Gordon, 1959

**Starring:** Rock Hudson, Doris Day, Tony Randall

**Duration:** 100 mins



Playboy songwriter Brad Allen's (Rock Hudson) succession of romances annoys his neighbor, interior designer Jan Morrow (Doris Day), who shares a telephone party line with him and hears all his breezy routines. After Jan unsuccessfully lodges a complaint against him, Brad sets about to seduce her in the guise of a sincere and upstanding Texas rancher. But when mutual friend Jonathan (Tony Randall) finds out, sparks fly.

# Good eating – home and away!

*By Indje Shahin, Support Services Officer, Olive Tree House*

We've been continuing to sample the best Haringey has to offer in terms of food and pleasant surroundings! On Monday 13 May we went to a Cypriot style breakfast at Big Seff in Winchmore Hill, arriving at about 10am and spent a very pleasant couple of hours there. There were tenants from Olive Tree as well as some of our street properties. We are planning to return and start at a later time so more tenants from our schemes can join us.

The following week it was back to HQ at Olive Tree House for a lunch of roast chicken and watermelon. It was a lovely day and we were able to have all the doors open and look out on the new garden.



Roast chicken lunch at Olive Tree House



Breakfast at Big Seff



## Bees at Abyssinia Court

*By Lesley Sullivan, Property Services Officer*

In May Abyssinia Court was visited by a swarm of honeybees, who gathered in the holly bush outside the office entrance.

Concerned that they might try to make a home there, which is a busy space and which might disturb visitors, we contacted a local bee expert. They identified them as the European dark bee (*Apis mellifera mellifera*), a subspecies of the western honey bee. Before the end of the day the bees had flown off again, no doubt to find somewhere more suitable to build a hive, but we did wonder if they'd been attracted by the friendly bee in the HHT logo!

There is concern that bee populations have been falling, as they're important as part of our wildlife, not least for the role they play in pollinating plants. To help bees, look out for bee-friendly plants in garden centres, and try to minimise use of weedkillers and chemical sprays in the garden. The more 'natural' your garden space is, the better.

## Paying for services

*By Phil Johnson, Housing Services Manager*



The Trust has decided to go cashless, therefore **we no longer accept** payments in cash for the following:

- ✗ Rent
- ✗ Payment for guest room bookings
- ✗ Payment for extra keys

Instead **you can make these payments** using the following methods:

- ✓ Arrange a direct debit for regular payment such as your rent
- ✓ Use your Allpay card as supplied by the Trust

- ✓ Arrange a payment from your account straight into our bank account – you can do this at a branch of your bank or using other services such as online or telephone banking

Please contact the Hornsey Housing Trust office so we can provide you with the Trust's bank details for future payments.

When making a payment to us, you need to state clearly what service you

are paying for. So if you are paying your rent you need to supply your rent reference number. If you are paying for a guest room, supply your name and which guest room. For new keys supply your name and the words 'new keys'.

When paying into our account give your name and address so we know who has made a payment.

If you have any questions about this do please call the Housing Trust office.

# Garden makeover at Olive Tree House!

By Indje Shahin, Support Services Officer, Olive Tree House



Clearing the paving stones



Hayley (left) with two of her colleagues

Olive Tree House has a lovely courtyard garden, but recently tenants had noticed it was looking a little tired and needed a tidy up. So, with the help of the Alzheimer's Society's Bridget Thompson, we enlisted the help of ten volunteers, led by Hayley, who work at IQVIA, a data company based in Kings Cross. On 29 March they came to Olive Tree House and set about clearing overgrown paths, digging up weeds, and replenishing the raised beds with tomatoes, cucumbers and herbs.

They used the ornamental centre piece as a place for colourful flowers, with the added touch of a friendly ornamental cat!

Hayley's team also installed also a new bench for tenants to sit and enjoy the garden, and added a birdbox and hanging plants.

Gardens are never-ending work as we know, but it's certainly looking so much better now and we're very grateful to the IQVIA team for their help.



## Gardens wordsearch



See if you can find all the words in this dancing-related wordsearch

V	O	C	O	M	P	O	S	T	O
D	E	P	M	F	S	O	I	L	N
S	S	G	D	E	H	S	T	W	B
G	R	E	E	N	H	O	U	S	E
P	J	E	D	T	T	W	S	D	O
Q	S	N	W	F	A	D	L	O	G
T	O	E	E	O	J	B	I	L	R
P	S	N	E	P	L	T	L	E	A
R	C	I	D	R	A	F	A	E	S
E	W	I	S	P	T	K	E	Z	S

COMPOST  
FENCE  
FLOWERS  
GRASS

GREENHOUSE  
PATIO  
POND  
SHED

SOIL  
TREES  
VEGETABLES  
WEEDS

# A day in the life of...

## Mark Dibblin

Asset Manager



My role involves looking after the Trust's 'bricks and mortar' – in other words our properties – these range from Victorian street properties to new developments and a lot in between. This keeps me on my toes and ensures that it's not a typical 'desk job'.

Working within a smaller team can mean doing anything – from overseeing the repair or replacement of the proverbial 'dripping tap' to working on the design of our new development properties.

Similarly, a lot of time is spent in unusual places, like basements and on roofs, working with our partners to ensure that the best service and solutions can be provided.

I work with many different partners to provide the best and safe environments for our tenants. Behind the scenes there are safety measures – gas, fire and water to name but a few – that need to both maintained and updated. A wide range of partners supports the required statutory compliance that applies to all working environments. Some of the items that our service partners maintain items including: ten commercial boiler plant; 60 door entry systems; 60 fire alarms; 11 lifts; 25 water tanks.

Our twenty-five year maintenance plan helps us to spend the Trust's money on planned rather than reactive works. We update our plan each year to allow for changing priorities or legislation.

Despite the planning, sometimes the building or services 'bite back'! The unexpected happens and on these occasions it is 'all hands to the pump' to get the

**“ We organised the design, installation and commissioning of new boilers in just three weeks. ”**

right person with the right skills to solve the problem with minimum disruption.

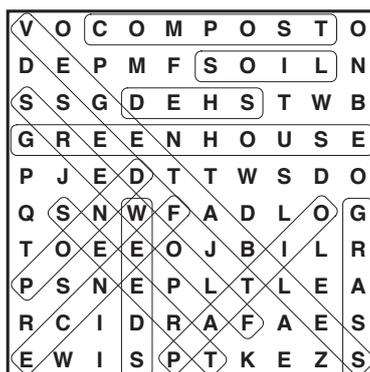
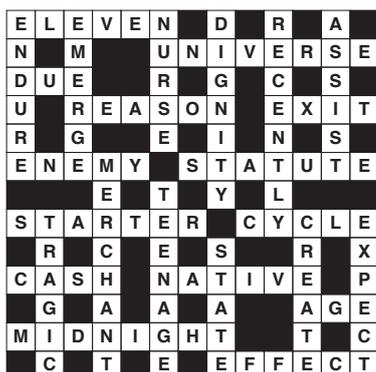
A good example of this was the recent renewal of the Abyssinia Court boilers, which was planned for this summer. However an inspection in early December last year showed an unexpected deterioration in the boilers, meaning it would be likely that tenants would have no heating and hot water over the Christmas period. We worked quickly to organise the design, installation and commissioning of new boilers within just three weeks – a great credit to the team working long hours in the boiler rooms to install new heating and hot water plant before Christmas.

Just as importantly, we need to respond to tenants' changing circumstances or needs – anything from installing a grab rail to co-ordinating with Haringey Council's occupational team to install a walk-in shower.

So the most rewarding part of the role is leading a passionate team which, through problem solving and quietly 'going the extra mile', contributes to the 'more than just housing' ethos of the Trust.

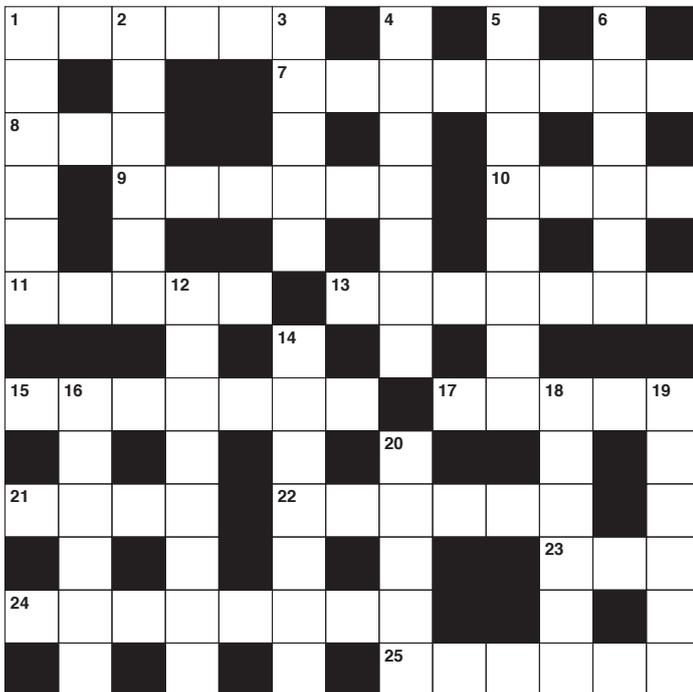
It is also a source of great satisfaction to see the end result of tenant enjoyment, in well-maintained homes often within the context of a thriving community environment.

Solutions to the puzzles on pages 6 and 8



6	1	2	7	5	3	9	4	8
4	9	3	8	1	2	6	5	7
5	8	7	6	4	9	3	1	2
9	7	4	1	6	5	8	2	3
1	2	5	3	8	7	4	9	6
8	3	6	9	2	4	5	7	1
7	4	8	5	3	1	2	6	9
3	5	1	2	9	6	7	8	4
2	6	9	4	7	8	1	3	5

## Crossword



### Across

- 1 Number in a cricket team (6)
- 7 Cosmos (8)
- 8 Owed and payable (3)
- 9 Explanation (6)
- 10 Depart from (4)
- 11 Military opponent (5)
- 13 Written law (7)
- 15 Beginner (7)
- 17 Ride a bike (5)
- 21 Money in notes or coins (4)
- 22 Indigenous (6)
- 23 Grow older (3)
- 24 00:00 on a 24-hour clock (8)
- 25 Special \_\_\_\_ : film illusion (6)

### Down

- 1 Undergo a hardship (6)
- 2 Come into view (6)
- 3 Health professional (5)
- 4 Composed or serious manner (7)
- 5 Not long ago (8)
- 6 Support; help (6)
- 12 Retailer (8)
- 14 Adolescent (7)
- 16 Calamitous (6)
- 18 Make (6)
- 19 Anticipate (6)
- 20 Propose; utter (5)

## Sudoku

6								
4			8	1	2		5	7
5					9		1	
					5	8	2	3
		5	3		7	4		
8	3	6	9					
	4		5					9
3	5		2	9	6			4
								5

Solutions to the puzzles are on page 7

## Staff

- **Alwyn Lewis** – Chief Executive
- **Phil Johnson** – Housing Services Manager
- **Lesley Sullivan** – Property Services Officer
- **Veronica Lindsay** – Head of Finance
- **Hannah Oderinde** – Finance Officer
- **Annie Doherty** – Management Accountant
- **Mark Dibblin** – Asset Manager
- **Barbara Moore** – Housing Support Coordinator
- **Carla Pedwell** – Corporate Services Manager
- **Maria Reyes** – Housing Officer
- **Trevor Small** – Universal Credit & Benefits Specialist
- **Solange Spyriadis** – Housing Support Officer

## Support Services Officers

- **Oluwatoyin Balogun** – Palm Tree Court/Sheba Court
- **Rexford Godfrey/Carol Powell** – Abyssinia Court
- **Petula Quamina** – Margaret Hill House
- **Indje Shahin** – Olive Tree House

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**Web:** [www.hornseyht.co.uk](http://www.hornseyht.co.uk)

**Emergency Repairs service**  
 24-hour, 7-days-a-week – call 020 8340 6374  
 to report an emergency repair

## Other useful numbers

**Haringey Housing and Council Tax benefits**  
 020 8489 2800

**Gas leaks (National Grid)**  
 0800 111 999 (24hours)

**Noise nuisance (Haringey Council)**  
 020 8489 1000 (9:00am – 17:00pm)  
 020 8348 3148 (17.01pm until 08.59am)

**Crime stoppers** 0800 555 111

**Rubbish and recycling (Veolia)**  
 020 8885 7700

**Thames Water** – 0800 714 614

**Electricity (Power cut) National Grid**  
 0800 31 63 105

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